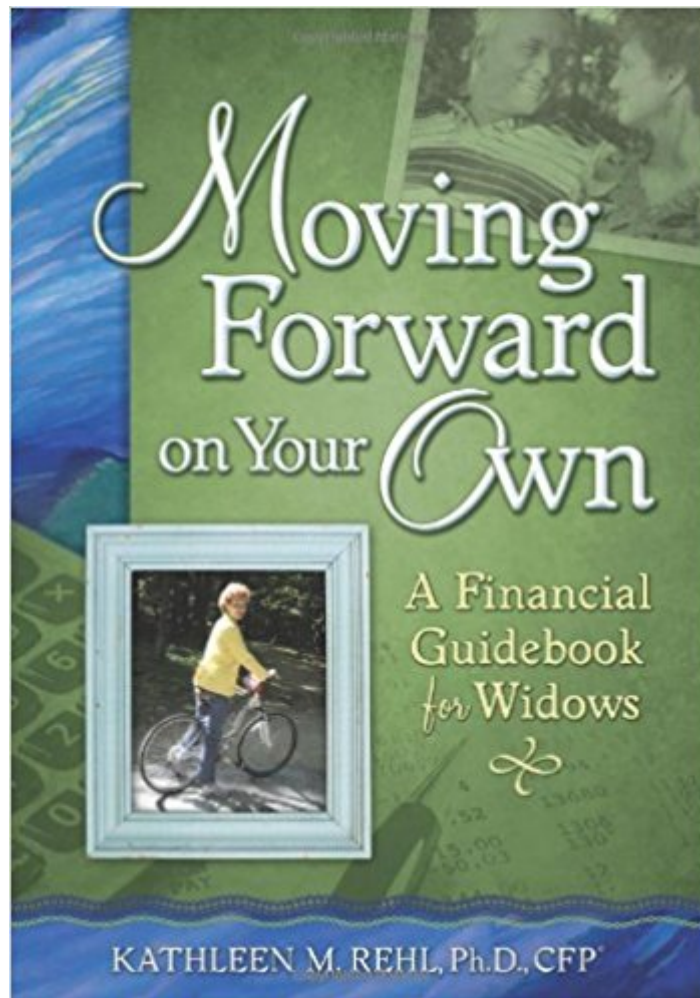




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# Moving Forward On Your Own: A Financial Guidebook For Widows



## Synopsis

A husband's death is possibly the most devastating event a woman will experience. She might wonder if she will be able to make it on her own. She may feel overwhelmed and not know what to do next without her partner. Kathleen's guidebook helps widows be more confident, knowledgeable and secure about their money matters. The book integrates basic financial information with self-reflective exercises that encourage financial self-assurance. Kathleen is honest about her own struggles as a widow, and she holds empathy for others. This unique guidebook is presented in a beautiful format, to help heal a woman's soul as well as gently focus on money matters. The book is not intended to teach women everything about money and financial planning immediately. When someone is emotionally overwhelmed, it's not wise to overload one's focus. Rather, widows are invited to begin looking at their money issues and then take actions in a way that builds confidence . . . as they transition into a new financial life on their own. This book may be used independently, in a collaborative approach with a professional, or in a group with facilitated conversation (such as a widow's support group, congregation class, or a women's community gathering). It's also an appropriate gift book for a widowed friend or family member.

## Book Information

Paperback: 80 pages

Publisher: Rehl Financial Advisors; 2010 edition (August 1, 2010)

Language: English

ISBN-10: 0984579303

ISBN-13: 978-0984579303

Product Dimensions: 6.8 x 0.2 x 9.8 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (23 customer reviews)

Best Sellers Rank: #122,301 in Books (See Top 100 in Books) #177 inÂ Books > Business & Money > Personal Finance > Retirement Planning #242 inÂ Books > Self-Help > Relationships > Love & Loss #248 inÂ Books > Self-Help > Death & Grief > Grief & Bereavement

## Customer Reviews

One of the things I've learned through my more than 30 years in publishing (as an author and editor) is that when we're faced with great challenges, such as the loss of a loved one, we're usually too distracted to read books about it. And prior to these crises, there are other things we'd rather be reading about. So when this book came to my attention I was fascinated. It is thin yet highly

informative, with excellent interactive exercises to help a recently widowed person through all those financial details and nuances that we really don't want to think about but NEED to. The author includes short writing exercises and lists to help get us not only through the immediate practical issues of dollars and cents but also help us with the feelings most of us associate with money. I'm a man in my 70s who thinks about these kinds of things but from the point of view of what my wife might be going through when I die. However, there are other books that do this. What makes this one unique--and I do mean unique--is the way this author takes the reader by the hand and leads them through money issues. As both a widow and a financial adviser, she knows of what she speaks. Of equal importance is HOW she presents the material. The book, in spite of dealing with what's usually a pretty dry subject, and which in this case might be gloomy and scary, is actually "beautiful." Yes, I do mean aesthetically beautiful. There's lots of color, even attractive artwork and user friendly type design. Combine that with language and exercises that require no prior financial expertise, and you have a book that convinces you that in spite of all the emotional stuff you're going through, you can do this; you can, as the title says, "move forward on your own." Losing your life partner can't ever be easy, that goes without saying.

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